



## Mission Statement

St. Mark Lutheran Preschool  
Power Hour exists to strengthen families with young children by offering them an affordable program rich in spiritual, intellectual, physical, creative, and social parent/child bonding activities.



## Tell me more about St. Mark Lutheran

Power Hour is one way our congregation carries out its mission statement:

As men, women, and children united with faith in Christ, we follow His command to “go and make disciples.” We therefore, will proclaim God’s Law and Gospel to one another, the community, the campus, and the world. We will teach God’s truth to help each other grow in the faith and so serve Christ now and forever.

*“Therefore go and make disciples of all nations...”*  
Matthew 28:19

St. Mark Lutheran is part of the Wisconsin Evangelical Lutheran Synod (WELS). To learn more about the WELS go to [www.wels.net](http://www.wels.net).

We also have a school that offers children a Christian education from PreK-8th Grade.

For more information about our church and school please go to [www.stmark-wels.org](http://www.stmark-wels.org) or call 715.834.2595



Providing children and their caregivers a fun and interactive experience including interesting Bible stories, fun songs and activities, crafts, snacks, and more!

**When:** for upcoming dates visit [www.stmark-wels.org/school/](http://www.stmark-wels.org/school/)

**Time:** 9:30-10:30am

**Where:** St. Mark Lutheran  
3307 State Street  
Eau Claire, Wisconsin



## What's this all about?

Power Hour is like a hands-on parenting workshop in which leaders work together with parents and children to nurture a bond and stimulate growth in five crucial areas: spiritual, intellectual, physical, creative art, and social. We are not doing this in order to teach a little one to count or read; rather this is an outreach opportunity to share the Word of God with those families who make use of Power Hour.

Power Hour does provide socialization for caregivers, but it is so much more. Individual sessions are repetitive. Each song, art project, and gym activity is chosen with the development of the children's intellectual,

creative, and motor skills in mind. Most important, though, is nourishing the children's spiritual growth in Bible time. Everyone that participates seems to LOVE the "mommy" and/or "daddy" time together.

We put everything into roughly one hour. This keeps the children busy, holds their interest, and makes the experience fun!

Please join us in the gym for 4 sessions of Power Hour in the fall and 4 sessions in the winter! If desired we can arrange for parents to have time for follow-up discussion with one of our Pastors or Elders.



## Who is invited?

We offer a unique learning experience for both parents and children. Activities are age-appropriate for kids 18 months to 5 years, but infant siblings are welcome to attend. A parent, grandparent, or caregiver attends with the child. Go ahead, tell your neighbors and friends, everyone is welcome!

## How much does it cost?

Power Hour operates 100% on donations. Cost is free for all. Please come and enjoy fellowship with other parents and caregivers.

## I'm sensing a theme here...

You'll see each session is correlated with a theme. The theme is incorporated into everything: the Bible story, the take-home craft, the snack, the activity, and the music. This is done deliberately to increase retention of the day's lesson and reiterate the message.